

Attached list 8. Acupuncture treatment of menopause syndrome (Data from China)

Author	Disease	Way of Acup	Index	Group	Number of participants	Before	After	Improvement
丛慧芳 (2015)	Menopause Syndrome	Once a day, 6-day is once course. Totally 3 months.	Kupperman Score	Herbs	30	30.13	10.34	65.7%
				Acup	30	29.56	11.12	62.4%
				Herb + Acup	30	28.69	5.9	79.4%
史晓岚 (2006)	Menopause Syndrome	Twice a week, for three months	Kupperman Score	Herbs + Acup	38	34.8	14.8	57.5%
				Acup	32	33.8	21.7	35.8%
				Herbs	30	33.5	24.1	28.1%
孙冬梅 (2003)	Menopause Syndrome	Once a day, 6-days a week. One-month is one course	Kupperman Score	Acup	32	33.31	14.03	57.9%
				Aricular Acupressure	54	30.84	11.77	61.8%
孙远征 (2015)	Menopause Syndrome	Once a day, 6-days a week. 6-week is one course	Kupperman Score	Aup + Medicine	30	28.21	25.96	8.0%
				Special Acup + medicine	30	27.79	15.93	42.7%
杨松柏 (2014)	Menopause with insomnia	Once a day, 6-days a week. 4-week is one course	Total Sleeping scale	Acup1	32	14.41	7.48	48.1%
				Acup2	32	15.17	5.12	66.2%
				Ear Acup	32	14.84	4.34	70.8%
余慧 (2015)	Menopause Syndrome	Once a day, 4 week as one course	MRS scale	Acup	15	25.2	11	56.3%
				Herbs	15	25.7	16.2	37.0%
鲍春龄 (2015)	Menopause Syndrome	Three times a week, for 8 weeks	MRS scale	Acup	30	17.1	6.27	63.3%
				Sham Acup	30	18.23	11.5	36.9%

李国安 (2002)	Menopause syndrome	Once every other day for 6 sessions, repeated for 2 courses.	Kupperman Score	Acup	30	36.93	6.3	82.9%
潘来峰 (2014)	Menopause syndrome	Once a day for 30 day, total 3-month.	Kupperman Score	Acup	60	30.05	6.63	77.9%
王焜 (2014)	Menopause syndrome	Once a day for 8 days, break for 2 day. Total 2-3 courses.	MI ratio <25%	Acup + head acup + herbs	54			46.3%
刘志成 (2004)	Menopause Syndrome	Every other day for 3 months	Kupperman Score	Acup	58	38.76	11.42	70.5%
				Livil	56	36.93	24.69	33.1%
沈晓明 (2003)	Menopause Syndrome	Once a day, 6-days a week. 4-week is one course	Kupperman Score	Acup	35	37.02	13.43	63.7%
				oryzanol	30	36.28	22.97	36.7%
孙占玲 (2012)	Menopause Syndrome	Once a day for 10 days	Kupperman Score	Ear - Acup	62	16.05	7.05	56.1%
				climacteric-syndrome- relieving tablet	64	13.81	10.3	25.4%
金亚蓓 (2008)	Menopause	Once every other day, for 10 days.	Kupperman Score	Ear - Acup	28	21.68	7.36	66.1%
金弘 (2007)	Menopause Syndrome	Once a day for 15 days.	Kupperman Score	Acup	20	37.53	17.01	54.7%
				Premarin tablet	20	38.2	27.74	27.4%
何金森 (2005)	Menopause syndrome	Once every other day. 10-day is one course. Totally 2-3 courses.	Hot flash	E-Acup	33	3	0.78	74.0%

史晓岚 (2011)	Menopause syndrome	3 times a week for 1 month. One-month is one course	Kupperman Score	E-Acup (2 Hz)	40	28.2	12.5	55.7%
				Herbs	40	30.72	13.3	56.7%
				E-Acup + herbs	40	33.67	13.52	59.8%
史晓岚 (2015)	Menopause syndrome	3 times a week for 1 month. One-month is one course	Kupperman Score	E-Acup (Guanyuan points)	30	32.07	11.63	63.7%
				E-Acup (Neiguan points)	30	30.2	14.53	51.9%
周军 (2006)	Menopause syndrome	3 times a week for 3 month.	Kupperman Score	E-Acup	45	25.7	7	72.8%
				nilestriol	45	26.4	7.3	72.3%
焦志勤 (2015)	Menopause syndrome	Once every other day for one month. Repeat for 3 months	Kupperman Score	E-Acup	22	24.5	7.8	68.2%
				Acup	22	25.3	9.6	62.1%
夏晓红 (2008)	Menopause syndrome	Once every other day for one month. Repeat for 3 months	Kupperman Score	E-Acup (2/100 Hz)	90	25.73	6.99	72.8%
				nilestriol	85	26.43	7.34	72.2%
尔兆娟 (2015)	Menopause syndrome	Once a day for 5 days, with 2-day break. Repeat for 12 weeks	Kupperman Score	E-Acup (10 Hz)	30	33.23	12.67	61.9%
				Climen	30	31.6	14.03	55.6%
李艺 (2009)	Menopause syndrome	2 times a week for 1 month. One-month is one course	Kupperman Score	E-Acup (Guanyuan points)	47	26.63	12.81	51.9%
				E-Acup (Neiguan points)	56	28.9	15.21	47.4%
董佳晨	Menopause	2 times a week for 3	Kupperman	No treatment	13	13.01	12.93	0.6%

(2010)	syndrome	month.	Score (post menopause period)	Acup + Laser	14	13.35	5.86	56.1%
郭雅明 (2005)	Depression in menopause	Once a day for 6 weeks. 6-week is one course.	HAMD score	amitriptyline	50	24.9	13.15	47.2%
				E-Acup + amitriptyline	55	25.35	7.25	71.4%
马雁冰 (2011)	Depression in menopause	Once a day for 6 weeks. 6-week is one course.	HAMD score	Paroxetine	50	24.9	13.15	47.2%
				E-Acup + Paroxetine	55	25.3	7.25	71.3%